

v. 19-26

Flesh vs. Spirit

Romans 8:13

Flesh

- 1) Sexual immorality- *Porneia*- any form of sexuality outside of God's design which is one man and one woman in the bonds of marriage.
- 2) Impurity
- 3) Sensuality- *Anselgia*- Lacking restraint or self control; Being ruled by the senses.
- 4) Idolatry- Worshiping anything other than God.
- 5) Sorcery- *Pharmakeia*- Use of drugs or spells. In this context it's mostly witchcraft.
- 6) Enmity- Constant hostility
- 7) Strife- Bitterness
- 8) Jealousy
- 9) Fits of anger
- 10) Rivalries
- 11) Dissensions
- 12) Divisions
- 13) Envy
- 14) Drunkenness
- 15) Orgies

Those who do these things will not inherit the kingdom of God.

- We are to fight against these things.
- We all will be guilty of some of these but we do not sit and dwell in our sin.
- Repentance must be the life of the believer.

Spirit

- 1) Love
- 2) Joy
- 3) Peace
- 4) Patience
- 5) Kindness
- 6) Goodness
- 7) Faithfulness
- 8) Gentleness
- 9) Self-Control

There is no law restricting these things.

- We should desire these in abundance.

Paul wraps up chapter 5 by saying that if we are in the Spirit we are to walk in the Spirit.

- Matthew 15:8
- Romans 12:1-2
- We are to live out the things of the Spirit and the only way to bear fruit in keeping with the Spirit we must be connected to the Spirit.

John 15

- Christ in the Vine.
- We are the branches.
- In order to bear the fruit that is in keeping with Christ we must be connected to Him.
- Just like a branch that is connected to an apple tree will bear apples, if we are connected to Christ we WILL bear fruit in keeping with Him.
- If we claim to be joined to Christ in faith yet we bear no fruit in keeping with Him then serious self examination is called for.
- Apart from Him we can do nothing...more specifically, bear good fruit.
- We all bear fruit.
- What fruit are we bearing?

Small Group Notes

- 1) What are different forms of sexual immorality?
 - Anything that is outside of the design for human sexuality that God instituted. This includes: fornication(sex before marriage), adultery(sex with another person while in the bonds of marriage), pornography, homosexuality, bestiality, etc. God has set forth the boundaries and we are to follow them.
- 2) What is sensuality?
 - Being ruled by the senses. We seek pleasure over all things. This could be food that tastes good, music that sounds good, beauty that looks good, etc. all while forsaking what the Lord has called us to. Being ruled by anything but God is idolatry.
- 3) What does the Bible say about those who live in the sins of the flesh?
 - They will not inherit the kingdom of God. Not that it will be difficult for them to but that they will not.
- 4) What is the fruit of the Spirit?
 - Notice how the Bible says the fruit of the Spirit *IS* not *ARE*. It is one package. It is something that we are to work towards everyday .
- 5) Does the Bible say that there is a limit to exercising the fruit of the Spirit?
 - No! Quite the opposite. We are told that there is no law against these things. It is expected for us to desire, seek, and enjoy the fruit of the Spirit everyday!
- 6) Plants yield different types of fruit but those fruits are in keeping with whatever the vine or plant actually is. For example: apple trees yield apples not oranges. As Christians we are to be connected to the Vine which is Christ. How do we remain connected to Him?
 - Reading Scripture, Prayer, Corporate worship, Fellowship with other believers.